

Human Case of *Ehrlichia chaffeensis* Infection, Taiwan

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In 2018, an immunosuppressed woman in southern Taiwan had onset of fever, chills, myalgia, malaise, thrombocytopenia, lymphocytopenia, and elevated hepatic transaminases. Investigation revealed infection with *Ehrlichia chaffeensis*. This autochthonous case of human monocytotropic ehrlichiosis was confirmed by PCR, DNA sequencing, and seroconversion.

Human monocytic ehrlichiosis (HME) is an acute, febrile, tickborne disease caused by the bacterium *Ehrlichia chaffeensis*. HME was first reported in the United States in 1986 (1), and >1,000 ehrlichiosis cases have been reported annually since 2012 (<https://www.cdc.gov/ehrlichiosis/stats/index.html>). In Asia, however, only a limited number of HME cases have been reported in 3 countries (Thailand, South Korea, and China) (2–4).

Clinical manifestations of HME range from mild febrile illness to severe multiple organ failure. The most

common symptoms of HME are fever, headache, myalgia, malaise, nausea, vomiting, diarrhea, and abdominal pain (5–7), which are difficult to differentiate from the symptoms of other febrile infectious diseases. Therefore, HME must be confirmed by laboratory diagnosis.

Although HME has not been documented in Taiwan, serologic evidence of *Ehrlichia* spp. has been detected in small mammals, such as *Rattus norvegicus*, *R. losea*, and *Bandicota indica* rats that are found around international and local harbors (8). In addition, *Haemaphysalis flava* ticks infected with *Ehrlichia* spp. have been collected from pale thrush birds (*Turdus pallidus*) and identified in Taiwan (9). We report an autochthonous human case of *E. chaffeensis* infection in Taiwan.

In mid-July 2018, a 66-year-old woman living in the Namaxia District of Kaohsiung City in southern Taiwan was admitted to Kaohsiung Chang Gung Memorial Hospital with a 5-day history of intermittent fever (39.8°C), chills, myalgias, malaise, mild dyspnea, and diffuse abdominal pain. The patient had underlying hypertension, type 2 diabetes mellitus, alcoholic fatty liver, and gastroesophageal reflux disease. Laboratory examinations at admission showed that the patient had thrombocytopenia; lymphocytopenia; elevated levels of C-reactive protein, aspartate aminotransferase, alanine aminotransferase, and creatinine; and an increased number of polymorphonuclear leukocytes (Table). Whole blood counts were within reference ranges, and no leukocytopenia was observed. A chest radiograph showed mild infiltration over the bilateral lower lung fields. Laboratory tests for dengue, influenza A and B, hepatitis A, hepatitis B, and hepatitis C viruses were all

Table. Laboratory and diagnostic findings for a human case of *Ehrlichia chaffeensis* infection, Taiwan*

Laboratory or diagnostic finding	Patient value or result	Reference value or method
Leukocytes	5,800/ μ L	3.9–10.6 \times 10 ³ / μ L
Red blood cell	4,950,000/ μ L	3.9–5.4 \times 10 ⁶ / μ L
Hemoglobin	14.3 g/dL	12–16 g/dL
Platelets	27,000/ μ L	150–400 \times 10 ³ / μ L
Segment	82.7%	42%–74%
Lymphocyte	13%	25%–56%
Creatinine	1.16 mg/dL	0.44–1.03 mg/dL
Aspartate aminotransferase	97 U/L	0–37 U/L
Alanine aminotransferase	71 U/L	0–40 U/L
C-reactive protein	131.2 mg/L	<5 mg/L
Dengue virus	Negative	Rapid test, ELISA, PCR
Influenza virus	Negative	Antigen
HAV/HBV/HCV	Negative	HAV IgM (ECLIA), HBV HBsAg (ECLIA), HCV Anti-HCV (ECLIA)
<i>Leptospira interrogans</i>	Negative	MAT or isolation
<i>Coxiella burnetii</i>	Negative	PCR or IFA
<i>Orientia tsutsugamushi</i>	Negative	PCR or IFA
<i>Rickettsia typhi</i> / <i>R. prowazekii</i>	Negative	PCR or IFA
<i>R. rickettsii</i>	Negative	IFA
<i>R. conorii</i>	Negative	IFA
<i>Anaplasma phagocytophilum</i>	Negative	PCR or IFA
<i>Ehrlichia chaffeensis</i>	Positive	PCR or IFA

*Diagnostic methods based on guidelines on standard operating procedure for laboratory diagnosis provided by Taiwan Centers for Disease Control (<https://www.cdc.gov.tw>). ECLIA: electrochemiluminescence immunoassay; HAV, hepatitis A virus, HBsAg, hepatitis B surface antigen; HBV, hepatitis B virus, HCV, hepatitis C virus; IFA, immunofluorescence assay; MAT, microscopic agglutination test.

negative. She was admitted under the impression of atypical infection and thrombocytopenia.

The patient is a coffee farmer who lives in a rural region in Kaohsiung. Although she claimed not to have received arthropod or animal bites, small mammals and birds had often been seen around her workplace and house. Therefore, arthropodborne rickettsial diseases were suspected, and oral doxycycline (100 mg every 12 h) for 4 days and intravenous ceftriaxone (1 g every 12 h) for 7 days were prescribed as empirical therapy on the patient's first day at the hospital. Because ehrlichial infection had not been confirmed during hospitalization, the patient was discharged with a prescription (500 mg cefadroxil monohydrate every 12 h) to be taken for 5 days because of suspicion of atypical bacterial infection.

Blood specimens collected from the patient on day 6 (acute-phase specimens) and day 20 (convalescent-phase specimens) after illness onset were sent to the Taiwan Centers for Disease Control (Taipei, Taiwan) for laboratory diagnosis of zoonotic diseases. DNA extracted from acute-phase blood specimens using the QIAamp DNA blood Mini Kit (QIAGEN GmbH, <https://www.qiagen.com>) was used to detect *Ehrlichia chaffeensis* infection using a primer set targeting ehrlichial 16S rRNA gene (forward primer: AGCGGCTATCTGGTTTCGA; reverse primer: CATGCTCCACCGCTTGTG) and an *E. chaffeensis*-specific primer set targeting the nitrogen assimilation regulatory protein (*ntrX*) gene (forward primer: TGCCG-GTAGATATAGTATCGA; reverse primer: ATTTGCGAT-GAAGTGCGG) by QuantiNova SYBR green real-time PCR (QIAGEN). The PCR products of 16S rRNA (182 bp; GenBank accession no. MN088851) and the *ntrX* gene sequence (153 bp; GenBank accession no. MN096569) were determined and analyzed. The sequence was 100% homologous with the sequences of *E. chaffeensis* strains, including the Arkansas, Jax, Saint Vincent, West Paces, Wakulla, Osceola, Liberty, and Heartland strains. The PCR results were negative for *Coxiella burnetii*, *Orientia tsutsugamushi*, typhus group rickettsiae, spotted fever group rickettsiae, and *Anaplasma phagocytophilum* (Appendix Table, <https://wwwnc.cdc.gov/EID/article/25/11/19-0665-App1.pdf>). Paired (acute- and convalescent-phase) serum samples were used to detect antibodies against *E. chaffeensis* by using indirect immunofluorescence assay according to the manufacturer's recommendation (Focus Diagnostics, <https://www.focusdx.com>). IgG against *E. chaffeensis* showed seroconversion (titers ranging from <1:16 to 1:256) of the paired serum samples. IgG against *Coxiella burnetii*, *Orientia tsutsugamushi*, typhus group rickettsiae, spotted fever group rickettsiae, and *Anaplasma phagocytophilum* were all negative. The results of the microscopic agglutination test and the isolation of *Leptospira* spp. were also negative.

The presence of an HME case highlights the need for further studies of the prevalence, geographic distribution, and control of this disease in Taiwan. Human monocytic ehrlichiosis patients with immunosuppressive conditions, such as diabetes, might have a higher risk for hospitalization and life-threatening complications (10). In this case, the suspicion of rickettsial infection was based on the patient's potential exposure to arthropodborne pathogens at her workplace and home, and the patient responded quickly to doxycycline treatment. Physician awareness of HME and early diagnosis and treatment are essential to improve disease outcomes.

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Dr. Peng is a postdoctoral research fellow at the Center for Diagnostics and Vaccine Development at the Taiwan Centers for Disease Control. His research interests include the epidemiology of rickettsial diseases and development of molecular detection methods for vectorborne infectious diseases.

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Psittacosis Outbreak among Workers at Chicken Slaughter Plants, Virginia and Georgia, USA, 2018

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During August–October, 2018, an outbreak of severe respiratory illness was reported among poultry slaughter plant workers in Virginia and Georgia, USA. A multiorganizational

team investigated the cause and extent of illness, determined that the illness was psittacosis, and evaluated and recommended controls for health hazards in the workplace to prevent additional cases.

Psittacosis results from inhalation of aerosolized droppings or respiratory secretions of birds infected with *Chlamydia psittaci*. During 2008–2017, a total of 60 cases of psittacosis, a nationally notifiable disease in the United States, were reported to the National Notifiable Diseases Surveillance System (<https://wwwn.cdc.gov/nndss>).

The most common source of psittacosis in the United States is believed to be pet psittacine birds (e.g., parrots, cockatoos). The most recent large poultry-associated outbreaks in the United States were reported 3 decades ago and were linked to turkeys (1,2). *C. psittaci* prevalence in poultry in the United States is unknown, although it has been recently identified in turkeys in the United States (3) and turkeys and chickens overseas (4,5). Poultry can be infected but show no overt signs of illness (6).

During August 31–September 4, 2018, the Virginia Department of Health (VDH) received reports of 10 persons, all workers at the same chicken slaughter plant, hospitalized with fever, headache, cough, and radiographic evidence of pneumonia. Lower respiratory tract specimens (2 bronchoalveolar lavage and 1 sputum) from 3 hospitalized workers were positive for *C. psittaci* by real-time PCR targeting the *C. psittaci* locus tag CPSIT_RS01985 (7), performed at the Centers for Disease Control and Prevention (CDC; Atlanta, GA, USA). The Virginia plant suspended operations on September 8.

On September 12, the Georgia Department of Public Health (GDPH) was notified that 3 employees of a Georgia chicken slaughter plant owned by the same company were hospitalized with pneumonia. *C. psittaci* was detected in sputum samples from all 3 patients. The Georgia plant suspended operations on September 15.

After plant closures, VDH and GDPH staff inspected the respective plants, which both slaughter only chickens, and collected environmental samples to test for *C. psittaci*. Staff collected samples from areas where workers were close to or directly handled live chickens or carcasses. Environmental samples were tested for chlamydial species by using real-time PCR, followed by high-resolution melt analysis (8), at the University of Georgia Infectious Disease Laboratory (Athens, GA, USA).

The company held employee meetings in each state and invited VDH and GDPH representatives to provide outbreak information and conduct active case finding. VDH and GDPH initiated investigations of cases and potential risk factors. A case was defined as illness in a worker employed during August 1–September 7, 2018, at the

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