Emerging Corynebacterium diphtheriae Species Complex Infections, Réunion Island, France, 2015–2020

Thomas Garrigos,¹ Anais Grimal,¹ Edgar Badell, Nicolas Traversier, Sandrine Picot, Anne Lignereux, Mahery Ramiandrisoa, Céline Ben Cimon, Marie-Christine Jaffar-Bandjee, Houssein Gbaguidi-Haore, Julie Toubiana, Sylvain Brisse, Guillaume Miltgen,² Olivier Belmonte²

Clinical, epidemiologic, and microbiologic analyses revealed emergence of 26 cases of *Corynebacterium diphtheriae* species complex infections on Réunion Island, France, during 2015–2020. Isolates were genetically diverse, indicating circulation and local transmission of several diphtheria sublineages. Clinicians should remain aware of the risk for diphtheria and improve diagnostic methods and patient management.

Diphtheria is a contagious, potentially fatal infection caused by toxin-producing bacteria of the *Corynebacterium diphtheriae* species complex, which includes *C. diphtheriae*, *C. ulcerans*, *C. pseudotuberculosis*, *C. rouxii*, *C. belfantii*, and *C. silvaticum*. Infection is localized principally in the upper respiratory tract, and production of diphtheria toxin (encoded by the *tox* gene) can cause systemic complications. Cutaneous diphtheria

Author affiliations: Félix Guyon University Hospital Center, Saint-Denis, Réunion Island, France (T. Garrigos, A. Grimal, N. Traversier, M.-C. Jaffar-Bandjee, G. Miltgen, O. Belmonte); Processus Infectieux en Milieu Insulaire Tropical, University of La Réunion, Inserm, CNRS, IRD, Saint-Denis, Réunion Island, France (T. Garrigos, G. Miltgen); Institut Pasteur University of Paris Cité, Paris, France (E. Badell, J. Toubiana, S. Brisse); Institut Pasteur National Reference Center for Corynebacteria of the Diphtheriae Complex, Paris (E. Badell, J. Toubiana, S. Brisse); University Hospital of La Réunion, Saint Pierre, Réunion Island, France (S. Picot); Hospital Center West Réunion, Saint Paul, Réunion Island, France (A. Lignereux); Cerballiance Laboratory, Le Port, Réunion Island, France (M. Ramiandrisoa); Inovie RéuniLAB Laboratory, Sainte-Clotilde (C. Ben Cimon); University Hospital Center and University of Bourgogne Franche-Comté, Besançon, France (H. Gbaguidi-Haore); Necker-Enfants malades Hospital, Paris (J. Toubiana).

and diphtheria endocarditis can also act as sources of respiratory infections (1–4). Diphtheria surveillance has traditionally focused on respiratory illness caused by toxigenic *C. diphtheriae* but has been expanded in some countries to include all *C. diphtheriae* species complex infections irrespective of species, infection site, or toxigenicity, enabling broader disease monitoring. *C. diphtheriae* spreads via human-to-human contact; *C. ulcerans* and *C. pseudotuberculosis* are transmitted to humans primarily through animal contact.

Diphtheria was once a major cause of infant death, but global incidence has declined over the past century, largely because of mass vaccination. Consequently, diphtheria is now often considered a forgotten disease (5). Nevertheless, diphtheria reemergence has been reported in high-income countries and is closely related to patient travel history. Diphtheria is considered endemic in Madagascar, Comoros, and Mayotte in the southwest Indian Ocean, but few cases have been reported on other islands, including Réunion Island, an overseas department of France, where cases emerged in 2015 (6,7). Vaccination coverage is poorer in Mayotte (45% for 7- to 11-year-old children) than in Réunion Island (96% for children 11 months of age). Recent improvements in laboratory diagnostic capabilities, such as mass spectrometry use, have increased reports of C. diphtheriae species complex infections (8). However, knowledge of prevalence and origin of those infections is limited in this region. The aims of this study were to review the clinical, epidemiologic, and microbiologic characteristics of C. diphtheriae species complex infections on

¹These first authors contributed equally to this article. ²These authors contributed equally to this article.

Réunion Island during 2015–2020 and identify possible links with cases on other islands in the region.

The Study

We included all cases of C. diphtheriae species complex infections reported to the regional health agency and recorded at Réunion Island University Hospital during 2015-2020. We analyzed medical records and extracted age, sex, country of residence, recent travel, contact with animals, socioeconomic status, and diphtheria vaccination status for each case. We performed antimicrobial susceptibility testing; identified co-infecting strains; and determined tox gene presence, diphtheria toxin production, and biovar and sequence type (ST). We sent each isolate to the National Reference Center for Corynebacteria of the diphtheriae Complex (Institut Pasteur, Paris, France) to confirm species identity through multiplex PCR and biotyping as previously described (8-10). We detected the tox gene by using conventional PCR or, since 2019, by using multiplex real-time PCR (10). We assessed toxin production by using a modified Elek test (11). We determined antimicrobial drug susceptibility by using disk diffusion or by determining MICs (E-test; bioMérieux, https://www.biomerieux.com), in accordance with CASFM/EUCAST2021 (https:// www.sfm-microbiologie.org/2021/04/23/casfmavril-2021-v1-0) recommendations for benzylpenicillin, amoxicillin, cefotaxime, clindamycin, rifampin, and ciprofloxacin. We genotyped each isolate by using multilocus sequence typing (MLST) (12).

A total of 26 cases of *C. diphtheriae* species complex infections were recorded, from which 27 *C. diphtheriae* and 2 *C. ulcerans* isolates were cultured. Most (88.5%) infected patients were male; median age was 60 (interquartile range 32.5–67) years. Fourteen (50%) patients lived on Réunion Island, 3 (11.5%) in Mayotte, 4 (19.2%) in mainland France, 3 (11.5%) in Comoros, and 2 (7.8%) in Madagascar. Most (84.6%) patients had skin manifestations, and 16 patients were vaccinated (Table 1, https://wwwnc.cdc.gov/ EID/article/29/8/23-0106-T1.htm; Appendix Figure, https://wwwnc.cdc.gov/EID/article/29/8/23-0106. pdf). Of 24 C. diphtheriae infections, 8 occurred in patients who had recently traveled to or originated from Madagascar, 4 who traveled to or originated from Mayotte, and 3 who traveled to or originated from Comoros. Since 2018, a total of 9 cases on Réunion Island have been considered locally acquired; all of those patients lived in poor socioeconomic conditions. C. ulcerans infections occurred in 2 patients living on Réunion Island who had not traveled recently but had contact with animals (Table 1; Figure). We performed a Spearman rank correlation to compare locally acquired strains isolated during 2015-2018 and 2019-2020; a 75% increase in locally acquired C. diphtheriae infections occurred in 2019–2020 ($\rho =$ 0.8452; p = 0.0341).

Isolates were obtained from cutaneous lesion (n = 24), bone (n = 4), and respiratory (n = 1) samples. Eight of 27 *C. diphtheriae* isolates were toxigenic, yielding positive Elek test results. The 2 *C. ulcerans* isolates were nontoxigenic. *C. diphtheriae* isolates were characterized as biovars Mitis (n = 20) and Gravis (n = 7).

Patient isolates were co-infected most frequently with *Staphylococcus aureus* (n = 17) and *Streptococcus pyogenes* (n = 18). Benzylpenicillin resistance was observed in 80% of isolates according to CASFM/ EUCAST2021 recommendations, but isolates were categorized as susceptible increased exposure according to EUCAST version 13.0 proposed breakpoints (https://www.eucast.org/clinical_breakpoints) (Appendix Table). One (3.5%) *C. diphtheriae* isolate was resistant to amoxicillin (CD8/FRC0402; MIC 1.5 mg/L),

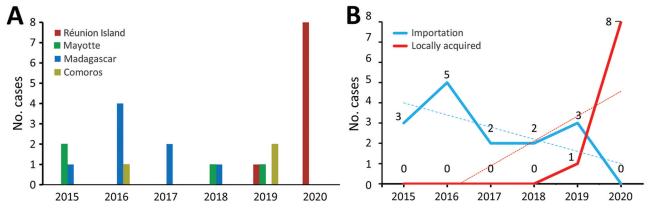


Figure. Number of cases diagnosed per year in study of emerging *Corynebacterium diphtheriae* species complex infections, Réunion Island, France, 2015–2020. Number of cases were classified according to geographic origin (A) or travel history of patients (B). Dotted lines indicate linear trends.

DISPATCHES

and 1 was resistant to rifampin. Both *C. ulcerans* isolates were resistant to clindamycin (100%, natural low susceptibility), whereas clindamycin resistance was observed for only 1 *C. diphtheriae* isolate.

We identified 21 STs by MLST analysis, including ST88 for *C. diphtheriae* isolates from 4 patients and ST339 for both *C. ulcerans* isolates (Table 2). All *C. diphtheriae* STs had 2–5 mismatches, except ST87 and ST237, which had 1 mismatch between them. ST339 (*C. ulcerans*) had 7 mismatches with all *C. diphtheriae* STs.

Conclusions

We report increased prevalence of cutaneous *C. diphtheriae* species complex infections on Réunion Island during 2015–2020. Introduction of mass spectrometry analysis in hospital laboratories and increased clinician awareness might have led to increased case reporting. Our study confirms that *C. diphtheriae* species complex members are circulating and are likely underestimated in the southwest Indian Ocean (7,13). Moreover, we observed emergence of locally acquired cutaneous *C. diphtheriae*

infections on Réunion Island since 2019. The number of imported cases in 2020 was probably limited because of the COVID-19 pandemic, which reduced travel. Indeed, all *C. diphtheriae* cases identified during 2015–2018 occurred in patients who had traveled from other islands in the Indian Ocean. In addition, cutaneous diphtheria appeared to be associated with poor socioeconomic living conditions, in which alcoholism, drug dependence, and homelessness are factors that increase risk for human-to-human transmission and virulence (*14*).

A total of 8 (30%) *C. diphtheriae* isolates were toxigenic and caused cutaneous infections. Nontoxigenic *C. diphtheriae* isolates (70%, n = 19) were obtained from cutaneous lesions, respiratory samples, and bone samples. Clinicians should be aware that nontoxigenic *C. diphtheriae* can potentially cause severe disease (1,14,15). Moreover, all isolates were co-infected with pyogenic bacteria, suggesting diphtheria infection should be considered under polymicrobial conditions.

MLST analysis identified 21 different STs; most were unrelated (\geq 2 mistmatches) reflecting marked

Table 2. Characteristics of isolates from 26 patients in study of emerging Corynebacterium diphtheriae species complex infections,									
Réunion Island, France, 2015–2020*									
Patient	Isolate	Year	Isolation site	Species	Biovar	tox gene	Elek test	ST†	Co-infections±
<u>no.</u> 1	CD1/FRC0304	2015	Cutaneous	C. diphtheriae	Gravis	Negative	NA	102	
I	CD 1/FRC0304	2015	Culaneous	C. upriliteriae	Glavis	Negative	INA	102	S. pyogenes, S. aureus, A. haemolyticum
	CD2/FRC0316	2015	Respiratory	C. diphtheriae	Mitis	Negative	NA	95	S. aureus
2	CD3/FRC0314	2015	Cutaneous	C. diphtheriae	Mitis	Positive	Positive	421	S. aureus
3	CD3/FRC0314 CD4/FRC0376	2015	Cutaneous	C. diphtheriae	Gravis	Positive	Positive	388	
4	CD4/FRC0376 CD5/FRC0383	2015	Cutaneous		Mitis		NA	423	S. pyogenes
4				C. diphtheriae		Negative			S. pyogenes, S. aureus
-	CD6/FRC0393	2016	Cutaneous	C. diphtheriae	Mitis	Negative	NA	423	S. pyogenes, S. aureus
5	CD7/FRC0385	2016	Cutaneous	C. diphtheriae	Mitis	Positive	Positive	91	S. pyogenes
6 7	CU1/FRC0391	2016	Cutaneous	C. ulcerans	NA	Negative	NA	339	S. dysgalactiae
1	CD8/FRC0402	2016	Cutaneous	C. diphtheriae	Mitis	Negative	NA	410	S. dysgalactiae
8 9	CD9/FRC0410	2016	Cutaneous	C. diphtheriae	Mitis	Negative	NA	415	S. pyogenes
9	CD10/FRC0423	2016	Cutaneous	C. diphtheriae	Gravis	Negative	NA	101	S. aureus
10	CD11/FRC0477	2017	Cutaneous	C. diphtheriae	Gravis	Negative	NA	481	S. pyogenes, S. aureus,
									A. haemolyticum
11	CD12/FRC0501	2017	Cutaneous	C. diphtheriae	Gravis	Positive	Positive	521	S. pyogenes
12	CD13/FRC0624	2018	Bone	C. diphtheriae	Mitis	Negative	NA	237	S. aureus
13	CD14/FRC0630	2018	Cutaneous	C. diphtheriae	Gravis	Negative	NA	606	S. pyogenes, S. aureus
14	CD15/FRC0733	2019	Cutaneous	C. diphtheriae	Mitis	Negative	NA	351	S. pyogenes
15	CD16/FRC0782	2019	Cutaneous	C. diphtheriae	Mitis	Positive	Positive	688	S. pyogenes, S. aureus
	CD17/FRC0809	2019	Cutaneous	C. diphtheriae	Mitis	Positive	Positive	688	S. aureus
16	CD18/FRC0819	2019	Cutaneous	C. diphtheriae	Gravis	Positive	Positive	87	S. pyogenes, A.
									haemolyticum
17	CU2/FRC0820	2019	Bone	C. ulcerans	NA	Negative	NA	339	S. aureus
18	CD19/FRC0849	2019	Cutaneous	C. diphtheriae	Mitis	Positive	Positive	426	S. pyogenes, S. aureus
19	CD20/FRC0865	2020	Cutaneous	C. diphtheriae	Mitis	Negative	NA	102	S. pyogenes, S. aureus
20	CD21/FRC0875	2020	Cutaneous	C. diphtheriae	Mitis	Negative	NA	707	S. pyogenes
21	CD22/FRC0893	2020	Cutaneous	C. diphtheriae	Mitis	Negative	NA	708	S. pyogenes
22	CD23/FRC0928	2020	Cutaneous	C. diphtheriae	Mitis	Negative	NA	88	S. pyogenes
23	CD24/FRC0970	2020	Cutaneous	C. diphtheriae	Mitis	Negative	NA	88	S. pyogenes, S. aureus,
				,		0			A haemolyticum
24	CD25/FRC0975	2020	Cutaneous	C. diphtheriae	Mitis	Negative	NA	88	S. aureus
25	CD26/FRC1050	2020	Bone	C. diphtheriae	Mitis	Negative	NA	771	A. haemolyticum
26	CD27/FRC1065	2020	Bone	C. diphtheriae	Mitis	Negative	NA	88	S. aureus
-	rvnebacterium diphthe								

*CD, Corynebacterium diphtheriae; CU, C. ulcerans; NA, not applicable; ST, sequence type

†Numbers in bold indicate a common ST shared among strains from different patients.

‡Co-infections with Arcanobacterium haemolyticum, Staphylococcus aureus, Streptococcus dysgalactiae, or Streptococcus pyogenes.

genetic diversity of isolates. ST88 was found in 4 patients living on Réunion Island who had not traveled recently, indicating probable local acquisition. ST88 had previously been reported only in patients from Mayotte. Therefore, our results show that multiple *C. diphtheriae* species complex clones are circulating in the southwest Indian Ocean (8). Both *C. ulcerans* strains belonged to ST339. The National Reference Center reported that ST339 is the predominant *C. ulcerans* ST found in animals in France. Although considerable ST diversity was revealed, whole-genome sequencing will be required to further evaluate circulating *C. diphtheriae* clones in this region.

In conclusion, we describe emergence of locally acquired *C. diphtheriae* species complex infections on Réunion Island during 2019–2020. Local clinicians and microbiologists should remain aware of this neglected infection; improvements should be made in diagnostic methods and management of infected patients, such as maintaining availability of diphtheria antitoxin.

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About the Author

Dr. Garrigos is a research scientist in the microbiology department of Félix Guyon University Hospital of Réunion Island, France. His research interests focus on bacterial diseases, antimicrobial resistance, cystic fibrosis patients, and emerging infectious diseases.

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Address for correspondence: Thomas Garrigos, Laboratoire de Microbiologie, Hôpital Universitaire Félix Guyon, Allée des Topazes, 97400 Saint-Denis, La Réunion, France; email: thomas.garrigos@chu-reunion.fr